




# October

Sergio's Catering

			Thursday, October 1st	Friday, October 2nd
			Grilled chicken serves with white rice, black beans and steamed yuca.	Chicken stew served with white rice, sweet plantain, and green beans.
Monday, October 5th	Tuesday, October 6th	Wednesday, October 7th	Thursday, October 8th	Friday, October 9th
Beef stew served with mashed potatoes and vegetables soup.	Meatballs served with white rice, sweet plantains, and chickpeas soup.	Ground beef served with Moro rice (rice and beans) and baked sweet potatoes.	Pepper steak served with red beans soup, white rice, and green beans.	Barbecue chicken served with yellow rice, steamed vegetables, and sweet plantains.
Monday, October 12th	Tuesday, October 13th	Wednesday, October 14th	Thursday, October 15th	Friday, October 16th
Meatloaf served with brown rice, chickpeas, and sweet potatoes.	Chopped chicken served with white rice, steamed yuca and lentil soup.	Chicken cordon blue served with yellow rice and veggies. Corn soup.	Ground beef served with rice, black beans, and sweet plantains.	Chicken Fricassee served with Moro rice and mixed vegetables.
Monday, October 19th	Tuesday, October 20th	Wednesday, October 21st	Thursday, October 22nd	Friday, October 23rd
Meatballs served with beef soup, mashed potatoes, and mixed vegetables.	Baked chicken served with white rice and vegetables soups. Baked sweet potatoes.	Picadillo (ground beef) served with white rice and split pea soup.	Baked chicken tenders served with lentil soup, sweet plantains, and brown rice.	 Teacher Planning Day Camp Available
Monday, October 26th	Tuesday, October 27th	Wednesday, October 28th	Thursday, October 29th	Friday, October 30th
Chicken cordon blue served with yellow rice and veggies. Corn soup.	Meatballs served with white rice, red beans, and baked sweet potato.	Spaghetti with meat sauce served with mixed vegetables.	Baked Chicken tenders served with sweet mashed potatoes, veggies, and Fresh fruit for dessert	Grilled chicken served with rice, steamed mixed veggies and baked sweet plantains.