




Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Grilled chicken served with yellow rice and steamed veggies. Fruit for dessert.	Spaghetti with meatballs and steamed broccoli. Apple slices for dessert.	Diced turkey served with brown rice and veggies. Apple sauce for dessert.	Chicken Tenders, (hidden spinach) baked sweet potato. Fresh fruit for dessert.	Thin crust cheese pizza served with steamed carrots. Fruit for dessert.
Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
Chicken parmesan served with pomodoro penne pasta. Apple sauce for dessert	Bow tie pasta served with light Alfredo sauce with a side of bread stick and steamed broccoli. Fresh fruit for dessert.	Grilled chicken served with brown rice and steamed veggies. Apple sauce for dessert.	Baked fish fingers served with brown rice and steamed broccoli. Apple sauce for dessert	All beef meatballs served with mashed potatoes and mixed steamed vegetables. Fresh fruit cup for dessert.
Monday, March 16	Tuesday, March 17	Wednesday, March 18	Thursday, March 19	Friday, March 20
Turkey meatballs served with yellow rice and steamed veggies. Vanilla yogurt for dessert.	Macaroni and cheese, (homemade 4 cheese sauce) And a side of corn bread. Fresh fruit for dessert.	Lean ground beef served with brown rice and sweet plantains. Apple sauce for dessert.	All beef meatballs served with brown rice and steamed veggies. Dessert of the day.	 <p>Teacher Planning Day Camp Available</p>
Monday, March 23	Tuesday, March 24	Wednesday, March 25	Thursday, March 26	Friday, March 27

				
Monday, March 30	Tuesday, March 31			
Arroz con Pollo; saffron rice, served with a side of sweet plantains. Yogurt for dessert.	Spaghetti with meatballs and steamed broccoli. Apple slices for dessert.			

The Fresco Garden

Fresh is always better

