




April



Monday, April 1st	Tuesday, April 2nd	Wednesday, April 3rd	Thursday, April 4th	Friday, April 5th
Chicken parmesan served with a side of penne pasta with marinara sauce. Apple sauce for dessert.	. Spaghetti and meatballs, (all beef) organic marinara sauce, (homemade with hidden carrots) breadstick on the side and a fresh fruit cup for dessert.	Lean ground beef served with brown rice and a side of black beans. Fresh fruit for dessert.	Chicken Tenders, (hidden spinach) baked sweet potato. Fresh fruit for dessert	Arroz con Pollo; saffron rice, side of baked sweet plantains. Dessert of the day.
Monday, April 8th	Tuesday, April 9th	Wednesday, April 10th	Thursday, April 11th	Friday, April 12th
All beef meatballs served with brown rice and a side of sautéed veggies. Apple sauce for dessert.	Macaroni and cheese, (homemade 4 cheese sauce) And a side of corn bread. Fresh fruit for dessert.	Turkey picadillo served with mashed potatoes and a mixed steamed veggies. Local fresh fruit for dessert.	Baked fish sticks with a side of steamed veggies and fresh fruit for dessert.	Chopped chicken served with saffron rice and a side of vegetables.
Monday, April 15th	Tuesday, April 16th	Wednesday, April 17th	Thursday, April 18th	Friday, April 19th
All beef meatballs served with brown rice and a side of steamed veggies. Apple sauce for dessert. .	Pasta shells – house made (with lean ground beef) Served with steamed organic broccoli. Apple sauce for dessert.	Arroz con Pollo; saffron rice, side of baked sweet plantains. Dessert of the day.	Chicken Tenders, (hidden spinach) baked sweet potato. Fresh fruit for dessert.	
Monday, April 22th	Tuesday, April 23th	Wednesday, April 24th	Thursday, April 25th	Friday, April 26th
Seasoned turkey picadillo, brown rice and sauteed veggies Dessert of the day.	Spaghetti and meatballs, (all beef) organic marinara sauce, (homemade with hidden carrots) breadstick on the side and a fresh fruit cup for dessert.	Roasted turkey breast, brown rice and a side of veggies. Organic yogurt fir dessert	Baked fish sticks with a side of steamed veggies and fresh fruit for dessert..	Thin crust cheese pizza with a side of steamed mixed veggies. Fresh fruit for dessert
Monday, April 29th	Tuesday, April 30th			
Lean ground beef served with brown rice and a side of black beans. Fresh fruit for dessert.	Macaroni and cheese, (homemade 4 cheese sauce) And a side of corn bread. Fresh fruit for dessert.			