




February



Monday, February 4th	Tuesday, February 5th	Wednesday, February 6th	Thursday, February 7th	Friday, February 8th
Grilled chopped chicken served with brown rice and steamed mixed veggies. Apple sauce for dessert.	Macaroni and cheese, (homemade 4 cheese sauce) And a side of corn bread. Fresh fruit for dessert.	Turkey picadillo served with brown rice and a side of black beans. Local fresh fruit for dessert.	Chicken tenders, (hidden spinach) baked sweet potatoes and fresh fruit for dessert.	All beef meatballs served with brown rice and a side of steamed veggies.
Monday, February 11th	Tuesday, February 12th	Wednesday, February 13th	Thursday, February 14th	Friday, February 15th
Chicken parmesan with a side of penne pasta. Apple sauce for dessert.	Pasta shells – house made (with lean ground beef) Served with steamed organic broccoli. Apple sauce for dessert	Grilled chopped chicken served with brown rice and steamed veggies. Fresh fruit cup for dessert.	Fish fingers served with baked sweet potatoes and fresh fruit for dessert.	Roasted turkey breast served with mashed potatoes with a side of sautéed veggies.
Monday, February 18th	Tuesday, February 19th	Wednesday, February 20th	Thursday, February 21st	Friday, February 22nd
 No School – No Camp available	Cheese ravioli on Alfredo sauce, sautéed veggies, bread stick and Vanilla Pudding for dessert.	Arroz con pollo; saffron rice served with a side of baked sweet plantains. Apple sauce for dessert.	Chicken tenders, (hidden spinach) served with brown rice and steamed veggies. Dessert of the day.	Homemade thin crust cheese pizza, side of steamed veggies. Dessert of the day.
Monday, February 25th	Tuesday, February 26th	Wednesday, February 27th	Thursday, February 28th	
Lean ground beef served with brown rice and a side of black beans. Apple sauce for dessert.	Spaghetti and all beef meatballs steamed seasoned veggies. Apple sauce for dessert.	All beef meatballs served with mashed potatoes and a side of sautéed veggies. Local fresh fruit for dessert.	Homemade thin crust cheese pizza, side of steamed veggies. Dessert of the day.	

